

PREOPERATIVE INSTRUCTIONS

Please follow these instructions for all procedures:

1. No smoking at least 12 hours before surgery. Ideally, cut down or stop smoking as soon as possible prior to the day of surgery.
2. Please wear loose fitting clothing with sleeves which can be rolled up past the elbow, and low-heeled shoes (NO FLIP FLOPS OR HOUSE SHOES).
3. All facial and ear piercings will need to be removed before arriving in the office.
4. If you take routine oral medications, please check with Dr. McCullar's office prior to your surgical date for instructions.

If your procedure requires that you be prepared for general anesthesia, you will need to follow these additional instructions.

5. Do not eat or drink anything (including water) for 8 hours prior to the appointment time.
6. A responsible adult must accompany the patient to the office and remain in the office during the procedure and drive the patient home.
7. The patient should not drive a vehicle or operate any machinery for 24 hours following the anesthesia experience.
8. Ladies, if you have really long fingernails, we will need you to cut one nail short so we can place a pulse oximeter on that finger.
9. We will have to confirm your appointment prior to the day of surgery. If we are not able to confirm, your appointment will be cancelled and given to someone else. If you need to reschedule your appointment, we ask that you call the office at least 24 hours prior.